



Department of Athletics & Leisure Services



WHEN IS A REVERSE MORTGAGE AN OPTION

**PRESENTED BY:
Bob Miller from Mutual of Omaha**

WEDNESDAY, FEBRUARY 1
(Lunch/Dessert will be served)

**12:00pm to 12:30pm
Community Center
102 W. Old Mill Rd**



Department of Athletics & Leisure Services

What are your Coins worth?

PRESENTED BY:
RICHARD HENTGES

TUESDAY, FEBRUARY 7
10am to 11am

This one hour long program is an educational presentation that will be about buying, selling, and collecting coins.



Department of Athletics & Leisure Services



Lunch Time Talk Series

The Virgin Valley Heritage Museum and the Mesquite Senior Center will be hosting a 8 month long "Talk Series" to share local history with those who would love to know more.

Lunch and Dessert will be provided free of charge.

Everyone is welcome!



February 8

WEDNESDAY

Valentines back then

Lunch/Dessert will be served

**12:00pm to 12:30pm
Community Center
102 W. Old Mill Rd**



Department of Athletics & Leisure Services

LONELINESS

What we can do to
overcome feelings of
Loneliness.

PRESENTED BY:

David Taylor

A licensed LCSW Therapist

FREE LUNCH AND DESSERT

WEDNESDAY, FEBRUARY 15

12 PM TO 12:30PM

12:00pm to 12:30pm

Community Center

102 W Old Mill Rd



Department of Athletics & Leisure Services

RESEP NEVADA

PRESENTED BY:

Mary Anne Morris clinical coordinator from
UNLV of medicine

FREE LUNCH AND DESSERT
WEDNESDAY, FEBRUARY 22
12 PM TO 12:30PM

Nevada RESEP offers medical outreach and education to those affected by nuclear weapons testing, including down winders, onsite participants and uranium industry workers. Eligible individuals are offered no-cost medical screenings, educational materials, referral services and assistance with filing claims under the Radiation Exposure Compensation Act.

12:00pm to 12:30pm
Community Center
102 W Old Mill Rd



Department of Athletics & Leisure Services

HIGHLAND MANOR

PRESENTED BY:
KELSI ABBOTT

MONDAY, MARCH 6
12 PM TO 12:30PM

Come learn the in's and out's of the
Highland Manor.

12:00pm to 12:30pm
Community Center
102 W Old Mill Rd



Department of Athletics & Leisure Services

REGULAR EXERCISE

Benefits of regular
exercise

PRESENTED BY:
David Taylor
A licensed LCSW Therapist

FREE LUNCH AND DESSERT

WEDNESDAY, MARCH 15
12 PM TO 12:30PM

Community Center
102 W Old Mill Rd



Department of Athletics & Leisure Services



Lunch Time Talk Series

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March 22

WEDNESDAY

What was Home

Lunch/Dessert will be served

**12:00pm to 12:30pm
Community Center
102 W. Old Mill Rd**