

19th Annual MESQUITE HEART WALK



FRIDAY, FEBRUARY 10TH, 2023

THE 19TH ANNUAL HEART WALK BEGINS AT THE MESQUITE
RECREATION CENTER WEST FIELD AT 9 A.M.
REGISTRATION AT 8:30 A.M.

THE WALK (3.38 MILES) WILL CONCLUDE AT
MESA VIEW REGIONAL HOSPITAL WHERE IMPORTANT HEART
INFORMATION WILL BE AVAILABLE, AND EACH PARTICIPANT WILL
RECIEVE A HEART HEALTHY SNACK.

