

MESQUITE MONTHLY

Your Local Source For Mesquite Business, People & News

NOVEMBER 2022 | VOL. 1, No. 5

FREE

GOING FOR GOLD

Mesquite Senior Games was honored to receive the Gold Award from the Governor's Points of Lights as one of the top three non-profits in Nevada. From left, Sandy Tudor (board president), Ruby Sviontek (secretary) and Beth Caplinger (volunteer coordinator). *SEE STORY ON PAGE 10*



Mayor's Column PAGE 6 | Community Calendar PAGE 16



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NEWS AND NOTES

YUCCA STREET HOLIDAY FESTIVAL SLATED FOR NOV. 19

The City of Mesquite, Virgin Valley Theatre Group, Virgin Valley Artists Association and the Women's History and Cultural Center have teamed up to sponsor the 2022 Yucca Street Holiday Festival, scheduled Nov. 19 at the Jimmie Hughes Campus, 150 N. Yucca St., from 10 a.m. to 4 p.m.

The event will feature great food, live entertainment, games for the kids, pictures with Santa with various promotions and decorations displayed on the campus.

For more information, contact the Virgin Valley Theatre Group at 702-345-4499.

GRIDIRON GAMES RESULTS

More than 120 participants took part in the 5th Annual Gridiron Games, which consist of a Punt, Pass, Kick and 40 times. The event

was hosted by the City of Mesquite Department of Athletics & Leisure Services and took place Oct. 12 at Hunter Sports Park.

These youngsters placed 1st through 3rd, overall.

4-5 Boys: 1st Ozzie Veilma 49; 2nd Beau Overman 33; 3rd Trey Kelly 30

6-7 Boys: 1st Cole Overman 128; 2nd Rylan Overman 108; 3rd Braxton Klunker 105

8-9 Boys : 1st Beckett Davis 195; 2nd Cooper Woods 182; 3rd Rykin Ruth 147

10-11 Boys: 1st Joey Bowler 232; 2nd Kage Healy 220; 3rd Milan Jordan 197

12-13 Boys: 1st Kade Overman 293; 2nd Krew Perry 280; 3rd Micah Woods 236

14-15 Boys: 1st Isaac Noel 262; 2nd Malachi Jordan 246.

4-5 Girls: 1st Mia Britt 28; 2nd Elizabeth Omer 25; 3rd Emmalyn Vent 24.

6-7 Girls: 1st Ximena Zubieta 99; 2nd Ivey Frehner 40; 3rd Emmersyn Benglan 39

8-9 Girls: 1st Lizzie Nelson 96; 2nd Macy Hughes 89; 3rd Hazel Veilma 76

10-11 Girls: 1st Bella Vielma 187; 2nd Aubrey Nelson 171; 3rd Ella Noel 109

12-13 Girls: 1st Ava Noel 231

14-15 Girls: No participants

The Gridiron Games Punt, Pass, Kick and 40s competition allows boys and girls from ages 4-15 to showcase their talents in punting, passing, kicking and running with scores based on distance and accuracy.

"It's a great event and the kids are learning about the specialty skills and the fundamentals of the game of football, said Zach Robison, recreation manager of the

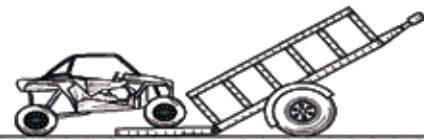
> See BRIEFS, Page 4

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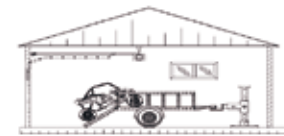
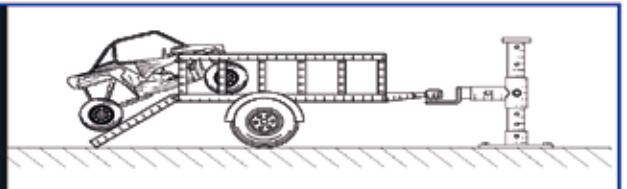
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Briefs

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Department of Athletics & Leisure Services. “The City of Mesquite Department of Athletics & Leisure Services would like to congratulate all competitors and the winners.”

For more information about this event and other programs please download the app, it's available for iOS or Android devices at <http://tour.mesquitenv.gov/>. Download it today and discover more of Mesquite!

For more information on this and other programs please contact the Department of Athletics & Leisure Services at (702) 346-8732.

HONOR VETERANS WITH PRE-PARADE CEREMONY

Mayor Al Litman is inviting the public to attend a morning program honoring veterans before the annual Veteran's Day Parade.

The program will take place at 8 a.m. at Veterans Memorial Park, 501 Hillside Drive, on Nov. 5 prior to the parade, which begins at 10 a.m. down Mesquite Boulevard.

The program will not promote any political or politically related agenda. It is scheduled to last about 30 minutes. Chairs will be provided, but attendees may want to bring their own.

‘ONCE A MONTH BOOK SALE’ SLATED FOR NOV. 10

Mesquite Sunrise Rotary along with Mesquite Reads has sched-

uled the second of three book sales on Nov. 10 at the Mesquite campus of the College of Southern Nevada, 150 N. Yucca St., Room 1.

All proceeds from the book sale will benefit Mesquite Reads. For details visit MesquiteSunriseRotary.com or call 725-253-0288.

DESERT DAMES HOSTING FASHION SHOW

On Nov. 16, Desert Dames of Mesquite will be hosting their annual fashion show luncheon at the Casa Blanca Resort Casino in the meeting room in back.

Doors will open at 11 a.m. with the lunch beginning at 11:30 a.m.

Lunch will be a buffet with a variety of salads, roasted chicken, salmon, including desert, coffee and tea. Bar will be available for those wishing to enjoy a cocktail or wine.

The models for this event are members of Desert Dames wearing fashions from the local Stephen's Boutique and Juniper Outpost. There will be door prizes and a raffle.

Cost is \$40 for Desert Dames members and \$45 for non-members. Reservations are required by Nov. 9.

Send or drop off to Joyce Dalton, 1442 Huntington Heights, Mesquite, NV. Checks should be made out to Desert Dames of Mesquite.

Those with questions can call 209-993-6907 or 563-320-5953

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FROM THE MAYOR

Mesquite population currently limits chance for new hospital, supermarket

As mayor of Mesquite, I often get asked what I can do to bring either another hospital to Mesquite, or additional medical services.

Currently I am hearing a candidate for city council talking about how they will bring these services to Mesquite. I also hear how we need another supermarket, but that's another issue I'll address.

Nevada, like a majority of states, requires a Certificate Of Need (CON), which is a legal document that all hospitals and other healthcare providers in Nevada must submit to the state regulatory agency that licenses medical facilities before making any proposed changes to existing medical facilities or adding a new one that costs over \$2 million.

In a rural community such as Mesquite, it was necessary for the developers of our existing hospital to do this back in 2002, so they could build Mesa View here.

It wasn't too difficult as we had no hospital and the ARCON facility had closed its doors. The reason for the (CON) is to prevent another hospital or medical facility from opening up and causing

the existing facility to go out of business because of the limited number of available clients.

Of course, if we were Las Vegas, Henderson, Reno or North Las Vegas, it would be fairly easy to obtain the (CON) because of their large populations, and the fact they are growing at a rapid rate.

I won't elaborate on the rules and regulations as you can find them in our Nevada Revised Statutes. Of course, another existing hospital could acquire ours, but that's between private parties, not the city.

On to the supermarket issue. Here's how it works. It starts with any market chain interested in expanding to a new location. Major companies use site selectors to find new locations. This applies to not only supermarkets, but most large companies. Because expanding or relocating is an expensive and often risky proposition, CEOs don't leave much to chance.

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> See **MAYOR**, Page 8



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Mayor

continued from Page 6

equipment manufacturer will have different site requirements than a brewery. Site selectors have a list of must haves when looking for a new site or location.

I'll touch on a few of them. Number one is labor force. Companies can't do anything without employees. When it comes to taking on the risk of moving to a new location, most businesses need to know that they will be able to find the qualified help they need.

Accessibility is important. Companies want to be in the middle of the action. The more your location is connected to major markets, transportation routes and resources, the better your chances.

Available building and land are a prime consideration. Not all companies are looking for a sweeping expanse of bare earth.

Some are actually more interested in saving money and moving into or renovating an existing building. Other considerations are utilities and infrastructure, incentives and exemptions, future trends in growth, and quality of life.

Mesquite will, at some point, meet the needs of a major supermarket company, as it has with some of our existing companies.

As I see it, available, suitable land, and an available labor force are all that stands in the way, along with affordable housing for its employees.

We as a city will do our best to bring about affordable housing. City-owned land that can be developed in the size needed for a supermarket will be more difficult, and until we have adequate, affordable housing, we are not going to get that market.

Al Litman is mayor of the city of Mesquite.

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Volunteer Coordinator Beth Caplinger shows off the gold award given to Mesquite Senior Games by the Governor's Points of Lights. (Submitted photo)

Senior Games earns honor as a top non-profit

By Kirk Kern

Mesquite Senior Games was recently honored as the gold recipient from the Governor's Points of Light in the non-profit category.

Three current members of the organization — President Sandy Tudor, Treasurer Ruby Sviontek and Volunteer Coordinator Beth Caplinger — attended the event on Oct. 20 at the Blind Center of Nevada in Las Vegas.

It was the 22nd year of the Governor's Points of Lights awards, which is the highest honor bestowed by the Governor of Nevada and Nevada Volunteers to celebrate the individuals and organizations that model Nevada values of service, responsibility, cooperation and compassion, and the power of partnership that makes Nevada a better place to live.

"We as the board of directors are extremely proud of this award as it really shows our commitment to our volunteers," Tudor said.

Tudor said volunteers are the lifeblood of Mesquite Senior Games and the organization wouldn't be able to run without them.

Recently, the organization received a grant from Americorp to purchase new software to make organizing and scheduling their vast number of volunteers much more efficient.

One of the conditions of the grant was that Mesquite Senior Games had to apply for the award.

"Without all the volunteers, none of this would be possible," Tudor said.

Finalists finishing behind Mesquite Senior Games were Junior Achievement of Southern Nevada (silver) and UNLV Student Nurses Association (bronze).

Tudor also mentioned former executive

director Amy Bradshaw's efforts in achieving this honor. Bradshaw led the organization when the volunteer software was implemented. She recently stepped down from her role this past summer.

"I must tell you that although she is no longer with MSG, Amy deserves as much credit for this award as any current board member," Tudor said.

Mesquite Senior Games started in 2001 with the mission to promote health and fitness of anyone 50 years and better by staging fun, casual competitions. By 2018, MSG had added new events but still needed help to build its volunteer infrastructure, which was accomplished through grant fund-raising in 2022.

Today, MSG has more than 100 volunteers that hosts 20-plus quality events and organizes volunteers to assist in other community events, leading the way in senior health and exemplary volunteer services and performance.

Competitors and volunteers often come to MSG as lonely and inactive. The MSG mission offers a renewed purpose. Nurturing the fitness and well-being of the volunteers is just as important as the mission to serve seniors in a small town where seniors are over 50 percent of the population.

The fall season of Mesquite Senior Games kicked off recently with softball and pickleball. Tudor said pickleball had more players than in the spring event.

The organization is still seeking an executive director to replace Bradshaw. Tudor said the organization wanted to make sure the fall events were successful before resuming the search.



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Artist of the Month: Chris Picior

A native of New York City, Chris Picior began sketching people at Washington Square in Greenwich Village when she was 16. Her first job was at Ace Publishing Company in the Art Department, but it was short-lived as marriage and three children to support became a priority. When her children were little, she worked in oils and then moved to watercolor.

Chris attended Queens College, Kathryn Gibbs Secretarial School, and Utica College before starting her 25-year career in radio management.

After moving to Mesquite, she

became active as a community educator for the Mesquite Citizens for Clean Indoor Air for eight years. She also joined a neighborhood group that used acrylics and became a member of the VVAA. Picior started with colored pencils, played with acrylics, and added ink to her new works. In December 2019, Councilman George Gault appointed her to the Mesquite Public Arts Commission. In January 2020, she was elected chair and still holds that position. Also, that January, she became President of the Virgin Valley Artists' Association, which she retained until December 2021.

Since retiring, one of her favorite hobbies has been making gourds into art pieces. Picior cleans, carves, creates, and decorates gourds, finding it is one of her favorite mediums. She loves learning new techniques and expanding her expertise. Making her artwork into cards intrigued her, but the best part is just having fun with her art.



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Adam Laxalt, candidate for Nevada's U.S. Senate seat, visited Mesquite on Oct. 24, to talk to area residents and help to get out the vote. (Submitted photo)



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Here's your 'recession survival' checklist

It's unfortunate, but recessions are a fairly normal part of the economic landscape. When a recession occurs, how might you be affected? The answer depends on your individual situation, but regardless of your circumstances, you might want to consider the items in this recession survival checklist:



Assess your income stability. If your employment remains steady, you may not have to do anything different during a recession. But if you think your income could be threatened or disrupted, you might want to consider joining the "gig economy" or looking for freelance or consulting opportunities.

Review your spending. Look for ways to trim your spending, such as canceling subscription services you don't use, eating out less often, and so on.

Pay down your debts. Try to reduce your debts, especially those with high interest rates.

Plan your emergency fund. If you haven't already built one, try to create an emergency fund containing three to six months' worth of living expenses, with the money kept in a liquid account.

Review your protection plan. If your health or life insurance is tied to your work, a change in your employment status could jeopardize this coverage. Review all your options for replacing these types of protection. Also, look for ways to lower premiums on home or auto insurance, without significantly sacrificing coverage, to free up money that could be used for health/life insurance.

Keep your long-term goals in mind. Even if you adjust your port-

folio during times of volatility, don't lose sight of your long-term goals. Trying to "outsmart" the market with short-term strategies can often lead to missteps and missed opportunities.

Don't stop investing. If you can afford it, try to continue investing. Coming out of a recession, stock prices tend to bottom out and then rebound, so if you had headed to the investment "sidelines," you would have missed the opportunity to benefit from a market rally.

Revisit your performance expectations. During a bear market, you will constantly be reminded of the decline of a particular market index, such as the S&P 500 or the Dow Jones Industrial Average. But instead of focusing on these short-term numbers, look instead at the long-term performance of your portfolio to determine if you're still on track toward meeting your goals.

Assess your risk tolerance. If you find yourself worrying excessively about declines in your investment statements, you may want to re-evaluate your tolerance for risk. One's risk tolerance can change over time — and it's important you feel comfortable with the amount of risk you take when investing.

Keep diversifying. Diversification is always important for investors — by having a mix of stocks, mutual funds and bonds, you can reduce the impact of market volatility on your portfolio. To cite one example: Higher-quality bonds, such as Treasuries, often move in the opposite direc-

> See INVESTING, Page 19



COMMUNITY CALENDAR

To have your event listed in this calendar, please email mesquitemonthly@gmail.com or call 775-316-2335.

THURSDAY, NOV. 3

Sunrise Rotary: 7:30 a.m. Meets every Thursday at CSN, Room 1. For more information, contact Deb Parsley at 702-420-4494.

Coloring for Adults: 2:30-3:30 p.m., Mesquite Library, 160 W. 1st N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

Teen Crafternoon: 3:30 - 4:30 p.m. Mesquite Library, 121 W. 1st N. St. Teen program operate under the principles of HOMAGO: Hanging Out, Messing Around, Geeking Out. Refers to spaces and learning activities that allow for flexible, hands-on experimentation, collaboration and tinkering in areas of professional interest. All supplies provided. Call 702-507-4080.

STEAM Activities for Kids: 4-5 p.m., Mesquite Library, 160 W. 1st N. St. Participate each week in fun, hands-on Science, Technology, Engineering, Art or Math activity. Info: 702-507-4080.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and Thursdays.

FRIDAY, NOV. 4

Dream Flights for Retired Veterans: 9 a.m. - 2 p.m., Mesquite Municipal Airport, 1200 Kitty Hawk Dr.

Family Storytime for ages 0-5 years: 10-11 a.m., Mesquite Library, 160 W. 1st N. St. Join for stories, songs, rhymes and activities. For children ages 0-5 and their caregivers. Call 702-507-4080.

Finding a Paintable Subject: 10 a.m. - 3 p.m., Mesquite Fine Art Center, 15 W. Mesquite Blvd. Presented by Linda Smith, you'll be able to learn to interpret photos to turn into a painting. Visit [\[fineartscenter.com\]\(http://fineartscenter.com\) or call 702-346-1338.](http://www.mesquite-</p>
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Cardmaking for Adults: 11:30 a.m. - 1 p.m., Mesquite Library, 160 W. 1st N. St. Exercise your creativity by making two unique greeting cards. Different designs offered each month. Attendance is limited, call or sign up at the customer service desk. Info: 702-507-4080.

Ladies Night Out: 6-8 p.m. Ace Hardware, 102 W. Mesquite Blvd. Annual Ladies Night Out, free craft fair and food trucks will be on site.

George Strait Tribute with Jack LeDuc: 8:30 p.m., CasaBlanca Showroom. Hear the hits from George Strait performed by Jack LeDuc. Tickets start at \$25. Must be 21 or older. Call 800-514-3849.

SATURDAY, NOV. 5

Honoring Our Veterans Program: 8-8:30 a.m., Veterans Memorial Park, 501 Hillside Drive. Mayor Al Litman invites residents to the memorial to honor all veterans. Chairs will be provided, but you may want to bring your own.

Veterans Day Parade: 10-11 a.m. Route begins on West Mesquite Boulevard from North Arrowhead Lane.

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

Conservative Club: 2 p.m., Veteran's Center, 840 E. Hafan Lane. Join like-minded conservative patriots that support the U.S. Constitution and the traditional American way of life. Meetings are the 1st Saturday of every month at this location. Doors open at 1:30 p.m. Please contact Janis to be added to the email list or with any questions or additional information. Phone: 702-613-4660; Email: jes@jesorganics.com

iPhone Beginning: 3-4 p.m. Mesquite Library, 121 W. 1st St. N. A look at the iPhone from the beginner's perspective. Info: 702-507-4080.

> See CALENDAR, Page 17

Calendar

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SUNDAY, NOV. 6

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

MONDAY, NOV. 7

Blood Drive: 10 a.m. - 4 p.m., Mesquite Library, 160 W. 1st N. St. Vitalant is hosting a blood drive to help people in need. Visit www.donors.vitalant.org and search for times under the zip code 89027.

Coloring for Adults: 1-2 p.m., Mesquite Library, 160 W. 1st N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

Bereavement Group: 5-6:30 p.m. Mesquite Library, 160 W. 1st St. This is a group headed by Mesa View/Virgin Valley Hospice. For more information, call 702-346-5224.

TUESDAY, NOV. 8

Rotary Club: Noon, Mesquite Library, 121 W. 1st N St. Email questions to lindakgault@gmail.com or <https://www.facebook.com/MesquiteNVRotary/>.

Toddler Storytime: 10-11 a.m., Mesquite Library, 160 W. 1st N. St. Toddlers enjoy songs, nursery rhymes, stories and finger plays. Call 702-507-4080.

Exquisite Blooms Floral grand opening: 10 a.m., 114 N. Sandhill Blvd., Suite E. The new business is

hosting its grand opening and ribbon cutting.

City Council meeting: 5 p.m., City Hall, 10 E. Mesquite Blvd. Regular meetings the second and fourth Tuesdays of the month.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and Thursdays.

WEDNESDAY, NOV. 9

Preschool Storytime: 10-11 a.m. Mesquite Library, 121 W. 1st N St. Join for stories, songs and activities that build early literacy. For children ages 3-5 and their caregivers. Call 702-507-4080.

American Red Cross Blood Drive: 11 a.m. - 4 p.m., Mesquite Library, 121 W. 1st St. To schedule an appointment, log on to redcrossblood.org and enter the sponsor code MesquiteLibNV or call 1-800-RED-CROSS (1-800-733-2767).

Chamber of Commerce Luncheon: 11:30 a.m. - 1 p.m., Casa Blanca Resort. Third annual "Bring a Veteran to Lunch." Guest speaker T.D. Barnes, author, entrepreneur and retired CIA agent. Special performance by Trumpeters Alliance. Chamber members and non-members. Cost is \$30 per person. RSVP by calling 702-346-2902.

Kids Artsy Craft: 4:30 - 5:30 p.m., Mesquite Library, 121 W. 1st N St. Unleash your inner artist at Kids' Artsy

Craft Club. Ages 5-12. Call 702-507-4080.

Virgin Valley History Series: 5:30 - 6:30 p.m., Mesquite Library, 121 W. 1st St. In partnership with the Virgin Valley Heritage Museum, this monthly program explores different historical aspects of the area. Call 702-507-4080.

THURSDAY, NOV. 10

Sunrise Rotary: 7:30 a.m. Meets every Thursday at CSN, Room 1. For more information, contact Deb Parsley at 702-420-4494.

Mesquite Reads "Once a Month" Booksale: 9-3 p.m. College of Southern Nevada, 140 Yucca St., Room 1. Every second Thursday of the month. 100 percent of proceeds benefits Mesquite Rads. For details, visit www.mesquitesunriserotary.com or call 725-253-0288.

Mesquite Mystery Book Club: 11 a.m. - noon. Mesquite Library, 160 W. 1st N. St. Pick up this month's selection from the customer service desk and read it prior to the meeting. Then join in the discussion. Call 702-507-4080.

Virtual Author Talk Series with Bonnie Garmus: 12:30 - 1:30 p.m. Mesquite Library, 160 W. 1st N. St. Watch a live broadcast as the author discusses the debut of her best-selling book "Lessons in Chemistry." Free and open to the public. Call 702-507-4080.

Coloring for Adults: 2:30-3:30 p.m., Mesquite Library, 160 W. 1st N. St. Join for a relaxing session of color-

ing intricate and meditative designs of various artists. Info: 702-507-4080.

Teen Crafternoon: 3:30 - 4:30 p.m. Mesquite Library, 121 W. 1st N St. Teen program operate under the principles of HOMAGO: Hanging Out, Messing Around, Geeking Out. Refers to spaces and learning activities that allow for flexible, hands-on experimentation, collaboration and tinkering in areas of professional interest. All supplies provided. Call 702-507-4080

STEAM Activities for Kids: 4-5 p.m., Mesquite Library, 160 W. 1st N. St. Participate each week in fun, hands-on Science, Technology, Engineering, Art or Math activity. Info: 702-507-4080.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and Thursdays.

Stay Smart with Art: 6:30-8 p.m., Mesquite Fine Arts Center classroom, 15 W. Mesquite Blvd. Learn to create art using pastels from Renate Riggs. Class is free, but registration is required. Visit www.mesquitefineartscenter.com for details or call 702-346-1338.

FRIDAY, NOV. 11

Family Storytime for ages 0-5 years: 10-11 a.m., Mesquite Library, 160 W. 1st N. St. Join for stories, > See **CALENDAR**, Page 19



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Mesquite United Methodist Church
Pastor Wendy Swanson

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Mesquite Lutheran Church

BIBLE STUDY Sunday 8:30 a.m.	SUNDAY WORSHIP 10:00 a.m. <i>Weekly Communion</i>	THANKSGIVING SERVICE 4:00 p.m. <i>Wednesday, November 23</i>
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River Valley Bible Church
Pastor Craig Janson

Sunday School 9:30 am
Sunday Service 10:30 am

702-346-0339
rivervalleybiblechurch.org
322 Hafen Lane, Mesquite

Nursery and Children's Church Available

 River Valley Bible Church

Surviving anxious times

By Pastor David Constien

High Anxiety" is a 1977 satirical film and tribute to Alfred Hitchcock, produced, directed, and lead role by Mel Brooks (his first) in which "a psychiatrist with intense acrophobia (fear of heights) goes to work for a mental institution run by doctors who appear to be crazier than their patients, and have secrets that they were willing to commit murder to keep." You may have seen it way back when. The title came to mind as I contemplate the times in which we live. There certainly are plenty of things to lead us into high anxiety these days, from the election to the conditions of this world to the conditions of our own bodies and lives.



This fact is apparently not really anything new for life in this sin corrupted world. For the Scriptures contain hundreds of passages in Old Testament and New Testament relating to human anxiety. They contain guidance, warnings, encouragement, and hope for us as we manage the anxiety of life. For we certainly must pay careful attention to our own spirit and what we take in through our eyes and

ears. At times we must regulate the flow lest we become too discouraged and be led into despair. The news and conversations in our midst can have an impact on how we feel about and view our lives and future. The Word of God, faith, and worship are most important tools of the Spirit of God for our spirit and will help us when they dominate our attention more than the news blaring around us.

Psalm 94 is a community lament. The Psalmist, in Psalm 94:19, is beset by anxiety over many troubles and assaults of the enemy, but finds comfort and strength in the Lord and His Word. Regulating the anxiety in his affliction, he writes, "When the cares of my heart are many, your consolations cheer my soul." He testifies that his Lord "gives rest from days of trouble," that "the Lord will not forsake his people" nor abandon his heritage. He realizes that the Lord has been there to help him and His steadfast love held him up. He finally says, "the Lord has become my stronghold, and my God the rock of my refuge." Just what we need to dwell on and turn to in order to manage the anxieties we sometimes allow dominance in our hearts!

Anxious? Jesus says, "Come to me, all who labor and are heavy laden, and I will give you rest!" (Mt. 11:28).

> See CONSTIEN, Page 19



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Calendar

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songs, rhymes and activities. For children ages 0-5 and their caregivers. Call 702-507-4080.

SATURDAY, NOV. 12

Family Craft: 11 a.m. Mesquite Library, 160 W. 1st. N. St. Join for an artful craft or project that incorporates dexterity, imagination and fun. Call 702-507-4080.

Cowboy Poetry, Virgin Valley Heritage Museum: 1-2 p.m., Mesquite Fine Arts Center, 15 W. Mesquite Blvd. The Virgin Valley Heritage Museum is sponsoring a free cowboy poet performance.

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st. N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

SUNDAY, NOV. 13

Conservative Club: 2:30 p.m.,

Sun City Pioneer's Center. Join like-minded conservative patriots that support the U.S. Constitution and the traditional American way of life. Meetings are the 2nd Saturday of every month at this location. Doors open at 2:15 p.m. Please contact Janis to be added to the email list or with any questions or additional information. Phone: 702-613-4660; Email: jes@jesorganics.com

MONDAY, NOV. 14

Coloring for Adults: 1-2 p.m., Mesquite Library, 160 W. 1st. N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

Bereavement Group: 5-6:30 p.m. Mesquite Library, 160 W. 1st. St. This is a group headed by Mesa View/Virgin Valley Hospice. For more information, call 702-346-5224.

Virgin Valley Amateur Radio Club: 6 p.m. Fire Station No. 3. The

club meets on the second Monday of each month. For more information, please go to our website at: www.vvarc.net

TUESDAY, NOV. 15

Toddler Storytime: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Toddlers enjoy songs, nursery rhymes, stories and finger plays. Call 702-507-4080.

Internet Basics: 10:15 - 11:15 a.m. Mesquite Library, 160 W. 1st. N. St. A primer in learning how to navigate the internet. Info: 702-507-4080.

Rotary Club: Noon, Mesquite Library, 121 W. 1st N St. Email questions to lindakgault@gmail.com or <https://www.facebook.com/MesquiteNVRotary/>.

Blood Drive: 1-6 p.m., Mesquite Recreation Center, 100 W. Old Mill Road. The Red Cross will be onsite for blood donations to help people in need. Schedule an appointment at

www.redcrossblood.org and search available dates and times with zip code 89027. Call 800-733-2767.

Virtual Author Talk Series with Kwame Christian: 3-4 p.m. Mesquite Library, 160 W. 1st. N. St. Listen in to a live conversation with the author as he discusses his new book "How to Have Difficult Discussions About Race: Practical Tools for Necessary Changes in the Workplace and Beyond." Info: 702-507-4080.

Mesquite City Technical Review Meeting: 2:30-3:30 p.m. Meeting will be held in the Council Chambers on the 2nd floor of City Hall.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Cen-

> See CALENDAR, Page 20

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This month, rest your anxieties on the Lord Jesus and give thanks with a clear an unencumbered heart! And may the peace that surpasses all human understanding, guard your hearts and minds in Christ Jesus! (Philippians 4:7).

Rev. David Constien, Pastor of Mesquite Lutheran Church and

Childcare Center, proclaims the Word of God in its truth and purity on Sundays at 10:00 a.m. and in Bible studies on Sundays at 8:30 a.m. and at various dates and times. Thanksgiving service, Wed. Nov. 23 4:00 p.m.

Visit: mesquitelutheran.org or Facebook: @mesquiteLCC and (702) 346-5811 for more information. More information is available at mesquitelutheran.org or (702) 346-3954.

Investing

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tion of stocks, so the presence of these bonds in your portfolio, if appropriate for your goals, can be valuable when market conditions are worsening. (Keep in mind, though, that diversification cannot guarantee profits or protect against all losses in a declining market.)

A recession accompanied by a bear market is not pleasant. But by taking the appropriate steps, you can boost your chances of getting through a difficult period and staying on track toward your important financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

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MESQUITE MONTHLY

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Calendar

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ter. 15-week class on Tuesdays and Thursdays.

WEDNESDAY, NOV. 16

Toddler Storytime: 10-11 a.m., Mesquite Library, 160 W. 1st N. St. Toddlers enjoy songs, nursery rhymes, stories and finger plays. Call 702-507-4080.

Desert Dames Fashion Show Luncheon: 11 a.m., CasaBlanca Resort, back meeting room. Buffet lunch with a variety of salads, roasted chicken, salmon and dessert. Desert Dames models will show off fashions from Stephen's Boutique and Juniper Outpost. Cost is \$40 for members, \$45 for non-members. Call 209-993-6907 or 563-320-5953 for details.

Teen Paint Your Pride Craft-

ernoon: 3:30 - 4:30 p.m. Mesquite Library, 121 W. 1st N St. Teen program operate under the principles of HOMAGO: Hanging Out, Messing Around, Geeking Out. Refers to spaces and learning activities that allow for flexible, hands-on experimentation, collaboration and tinkering in areas of professional interest. All supplies provided. Call 702-507-4080.

Kids Artsy Craft: 4:30 - 5:30 p.m., Mesquite Library, 121 W. 1st N St. Unleash your inner artist at Kids' Artsy Craft Club. Ages 5-12. Call 702-507-4080.

Republican Women's Club (for men & women): Doors open at 5 p.m., Meeting 5:30 - 7 p.m., Mesquite Veteran's Center, 840 Hafan Lane. Meetings the second Wednesday of each month. For information, call Sue at 858-254-1214 or email: swtin-

sd@gmail.com.

THURSDAY, NOV. 17

Sunrise Rotary: 7:30 a.m. Meets every Thursday at CSN. Room 1. For more information, contact Deb Parsley at 702-420-4494.

3D Print and Design: 10:30 - 11:30 a.m. Mesquite Library, 160 W. 1st N. St. Join at the Mesquite Learning Center and learn about 3D printing. Call 702-507-4080.

Coloring for Adults: 2:30-3:30 p.m., Mesquite Library, 160 W. 1st N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

Teen Crafternoon: 3:30 - 4:30 p.m. Mesquite Library, 121 W. 1st N St. Teen program operate under the principles of HOMAGO: Hanging Out, Messing Around, Geeking Out. Refers to spaces and learning activi-

ties that allow for flexible, hands-on experimentation, collaboration and tinkering in areas of professional interest. All supplies provided. Call 702-507-4080.

Virgin Valley Artists Association Awards Ceremony: 4-6 p.m., Mesquite Fine Arts Gallery, 15 W. Mesquite Blvd.

STEAM Activities for Kids: 4-5 p.m., Mesquite Library, 160 W. 1st N. St. Participate each week in fun, hands-on Science, Technology, Engineering, Art or Math activity. Info: 702-507-4080.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and

> See **CALENDAR**, Page 21

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Calendar

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Thursdays.

FRIDAY, NOV. 18

Family Storytime for ages 0-5 years: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Join for stories, songs, rhymes and activities. For children ages 0-5 and their caregivers. Call 702-507-4080.

DIY Adult Craft: 11:30 a.m. - 1 p.m., Mesquite Library, 160 W. 1st. N. St. It's an amazing feeling to make something unique and creative, so going for a fun experience. There is a different craft each month and all supplies are included. Attendance is limited, so call or register at the customer service desk. Info: 702-507-4080.

SATURDAY, NOV. 19

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st. N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

SUNDAY, NOV. 20

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st. N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

MONDAY, NOV. 21

Coloring for Adults: 1-2 p.m., Mesquite Library, 160 W. 1st. N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

Bereavement Group: 5-6:30 p.m. Mesquite Library, 160 W. 1st. St. This is a group headed by Mesa View/Virgin Valley Hospice. For more information, call 702-346-5224.

TUESDAY, NOV. 22

Toddler Storytime: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Toddlers enjoy songs, nursery rhymes, stories and finger plays. Call 702-507-4080.

Rotary Club: Noon, Mesquite Library, 121 W. 1st N St. Email questions to lindakgault@gmail.com or <https://www.facebook.com/MesquiteNV-Rotary/>.

Conversational English Class:

5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and Thursdays.

WEDNESDAY, NOV. 23

Preschool Storytime: 10-11 a.m. Mesquite Library, 121 W. 1st N St. Join for stories, songs and activities that build early literacy. For children ages 3-5 and their caregivers. Call 702-507-4080.

Kids Artsy Craft: 4:30 - 5:30 p.m., Mesquite Library, 121 W. 1st N St. Unleash your inner artist at Kids' Artsy Craft Club. Ages 5-12. Call 702-507-4080.

THURSDAY, NOV. 24

Library closed.

FRIDAY, NOV. 25

Library closed.

SATURDAY, NOV. 26

Kid's Movie: 1 p.m. Mesquite Library, 160 W. 1st. N. St. Come enjoy a movie matinee with a kid's movie rated G or PG. Call 702-507-4080.

SUNDAY, NOV. 27

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st. N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

MONDAY, NOV. 28

Book Bingo: 1-2 p.m. Mesquite Library, 160 W. 1st. N. St. Play bingo, win books! Info: 702-507-4080.

Bereavement Group: 3:30-4:30 p.m. Mesquite Library, 160 W. 1st. St. This is a group headed by Mesa View/Virgin Valley Hospice. For more information, call 702-346-5224.

TUESDAY, NOV. 29

Toddler Storytime: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Toddlers enjoy songs, nursery rhymes, stories and finger plays. Call 702-507-4080.

Rotary Club: Noon, Mesquite Library, 121 W. 1st N St. Email questions

to lindakgault@gmail.com or <https://www.facebook.com/MesquiteNV-Rotary/>.

IntegraTax Grand Opening: 10-11 a.m. IntegraTax, 312 W. Mesquite Blvd., Suite 11. Refreshments will be provided.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and Thursdays.

WEDNESDAY, NOV. 30

Preschool Storytime: 10-11 a.m. Mesquite Library, 121 W. 1st N St. Join for stories, songs and activities that build early literacy. For children ages 3-5 and their caregivers. Call 702-507-4080.

International Cinema (Film Discussion Group): 2-3 p.m. Mesquite Library, 160 W. 1st. N. St. Join to discuss (in English) a different film each month. Pick up a copy of the month's selection at the Customer Service Desk. Call 702-507-4080.

Armed Forces Chamber Business Mixer: 3-5 p.m., Mesquite Library, 160 W. 1st. N. St. The Armed Forces Chamber invites the public to attend a business mixer featuring an hour of networking, plus a brief program, ceremonies and other activities. Free and open to the public, call 702-507-6021 for details.

Kids Artsy Craft: 4:30 - 5:30 p.m., Mesquite Library, 121 W. 1st N St. Unleash your inner artist at Kids' Artsy Craft Club. Ages 5-12. Call 702-507-4080.

THURSDAY, DEC. 1

Sunrise Rotary: 7:30 a.m. Meets every Thursday at CSN. Room 1. For more information, contact Deb Parsley at 702-420-4494.

What's Happening Mesquite: 8-9:30 a.m., Elks Lodge, 545 Riverside Road. If you want to be "in the know" about what's happening in Mesquite, this event is for you. Cost is \$15 and includes breakfast. Chamber members only, seating is limited.

RSVP at 702-346-2902.

Coloring for Adults: 2:30-3:30 p.m., Mesquite Library, 160 W. 1st. N. St. Join for a relaxing session of coloring intricate and meditative designs of various artists. Info: 702-507-4080.

Teen Crafternoon: 3:30 - 4:30 p.m. Mesquite Library, 121 W. 1st N St. Teen program operate under the principles of HOMAGO: Hanging Out, Messing Around, Geeking Out. Refers to spaces and learning activities that allow for flexible, hands-on experimentation, collaboration and tinkering in areas of professional interest. All supplies provided. Call 702-507-4080.

STEAM Activities for Kids: 4-5 p.m., Mesquite Library, 160 W. 1st. N. St. Participate each week in fun, hands-on Science, Technology, Engineering, Art or Math activity. Info: 702-507-4080.

Conversational English Class: 5:30 - 6:30 p.m. Mesquite Library, 121 W. 1st St. N. Mesquite Library Learning Center. Registration is required. Call 702-507-4481 or visit in person at Mesquite Library Learning Center. 15-week class on Tuesdays and Thursdays.

FRIDAY, DEC. 2

Family Storytime for ages 0-5 years: 10-11 a.m., Mesquite Library, 160 W. 1st. N. St. Join for stories, songs, rhymes and activities. For children ages 0-5 and their caregivers. Call 702-507-4080.

SATURDAY, DEC. 3

Movie Matinee for adults: 1-4:30 p.m. Mesquite Library, 160 W. 1st. N. St. Join in for a movie to be announced at the library. Info: 702-507-4080.

Conservative Club: 2 p.m., Veteran's Center, 840 E. Hafen Lane. Join like-minded conservative patriots that support the U.S. Constitution and the traditional American way of life. Meetings are the 1st Saturday of every month at this location. Doors open at 1:30 p.m. Please contact Janis to be added to the email list or with any questions or additional information. Phone: 702-613-4660; Email: jes@jesorganics.com

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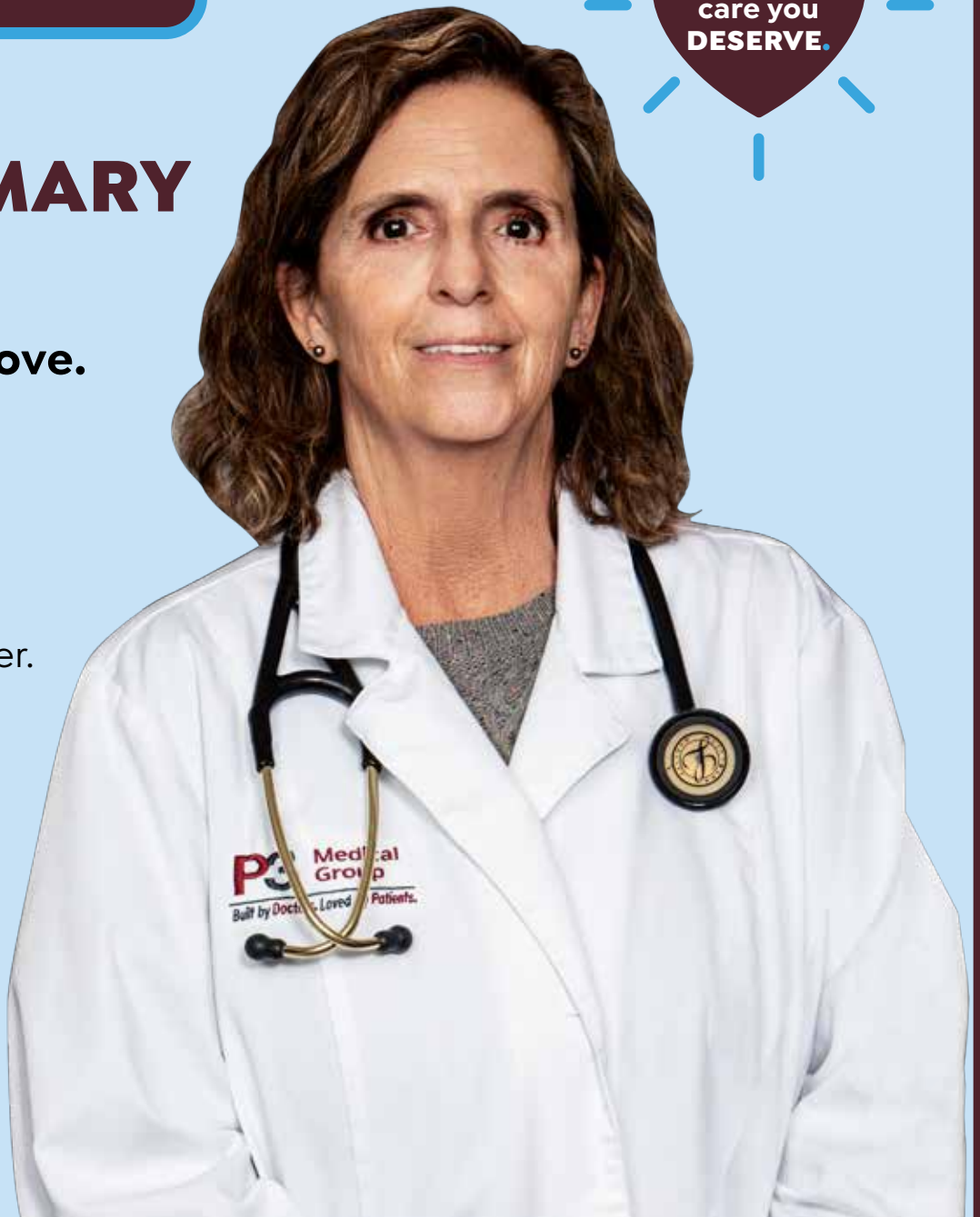


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